

# Teleconsult – one telemedical solution in Bulgaria

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## Abstract

The mission of Telemedicine is to provide medical services independent of geographical distances between the involved sites. Through Telemedicine patients can get access to medical expertise that may not be available at the patients' site. Experience over the last decade has shown that the goals of Telemedicine are not automatically reached by the introduction and use of particular new technologies per se, but rather require the implementation of *integral services and specialized information systems*.

Software Teleconsult aims to provide logistic and telemedical services between two distant hospitals on the territory of Bulgaria. By definition TIS is an information system necessary for the implementation of telemedicine services.

Our development is a product with three layer architecture – expert's, operator's and administrator's modules. Each of the profiles has specific functions and characteristics, discussed and experimentally introduced to the users.

This paper is focused on presenting the system itself, as well the implementation experience and different module parameters.

## Introduction

Telemedicine, using new advances in telecommunications and sensor electronics, improves health care service availability in remote or difficult to operate environments. The transfers of electronic medical files allow medical practitioners to engage in diagnostic activities without being in the same physical location as the patient.

For example, some telemedicine systems allow doctors to remotely view a patient using video cameras, still pictures, or other suitable imaging devices. A successful telemedicine program requires management dedicated to successful implementation and operation

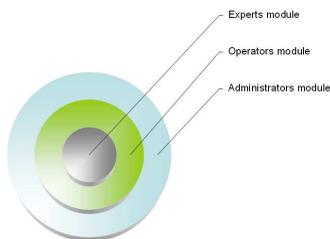


Fig.1. Three layer structure

of the program. Generally, management is required at a number of levels to assure effective operation of the program.

#### Materials and methods

The current software is organized as it follows:

- Main software desktop solution, divided according to the operational level into three main parts (Fig.1.) – three different management modules that are developed according to the requirements and necessary functions for each participant in the telemedical process.
- Audio and video streaming through specialized software.
- Video communication through newly developed application with individual virtual rooms, locked and password protected meetings.

With this integral solution is performed the ability to verify whether a receiving physician is present, whether the receiving system can receive the transmitted files, whether the receiving system has received all prior files, and to otherwise ensure continuity of the medical record. Each patient is identified only with age, sex and physical conditions, in order to keep the patients privacy and confidentiality.



Fig.2 Entrance screen Teleconsult

Expert's module is designed and conformable to the specific telemedical consultation characteristics – each variant of consultation: required, consulted, not checked and with request for more information, is differentiate with its own color. The system checks every 30 seconds about newly arrived requests for consultations, and ensures sound and visual signalization to attract the expert's attention.

The operator's module (Fig.2.) is the main coordinator in the system, where the Operator (Fig.3.) manages the expeditiousness of the process of giving consultation, and in case delay of 24 hours, the system allows redirecting

the form according to the available specialists. In case of few requirements for the same specific condition consultations arrive at the same moment, the system distributes through the available specialists in the corresponding specialty.

He also has the rights to edit, save and delete the following participants: Medical experts; Hospitals; Municipalities; Graphics and Prices.

ГЛАВНО МЕНЮ

Оператор Изход

Изпращащо лечебно заведение: МБАЛ "Своя" ЕООД

Изпращащ лекар: Ива Бодявнийска

Филтър:

Пол	Възраст	Изпращаща диагноза	Ниво на консултация	Ден	Месец	Година	Час	Минети
Жена	26	и11	Регионално	9	5	2008	17	28
Мъж	30	у51	Регионално	10	5	2008	8	33
Мъж	55	и58	Национално	10	5	2008	17	53
Мъж	100	и89	Национално	10	5	2008	17	58
Мъж	95	и52	Областно	11	5	2008	9	24
Мъж	95	и85	Областно	11	5	2008	9	27
Мъж	12	и45	Областно	11	5	2008	9	33
Жена	15	и52	Национално	11	5	2008	9	34
Жена	55	и15	Областно	11	5	2008	9	35
Мъж	89	и52	Регионално	11	5	2008	9	42
Мъж	23	и45	Регионално	12	5	2008	16	10
Мъж	12	и23	Регионално	12	5	2008	16	13
Мъж	12	и34	Регионално	12	5	2008	16	16
Мъж	50	и69	Регионално	12	5	2008	17	58
Жена	105	и58	Национално	15	5	2008	10	15

Легенда:

- Бланка без отговор от консултиращия лекар
- Спешна консултация без назначен лекар

Fig. 3 Operators navigation screen

The Administrator performs functional connection between users and software developers, which is realized with system mailbox. He has the authorization to make any kind of statistics for anybody at any time (Fig.4.). Administrator's panel is developed in order to assure the correct performance of the processes, committing full access to every single user parameter that the system registers: name, activity, host, ip address, day, month, year, hour, minutes and seconds. The system allows filtering of any of the above mentioned parameters, Word & Excel export of the references, chronology control, and graphical representations in bars. Statistical basis is organized in 69 different sections. In order to prove the usability and benefits from telemedical investments, there are two statistics about percentage of application for a medical expert and for a hospital.

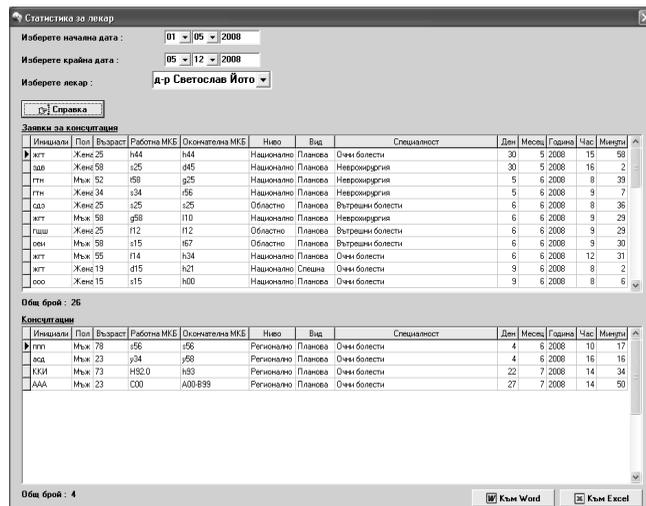


Fig.4. Doctors request and answers statistic for a period

### Conclusion

With this project we plan to investigate and explore each factor that have an influence over the solution, to explore the healthcare system in Bulgaria in the necessary depth thus to eliminate possible shortages. Planned teleconsultations in the standard software form, in accompaniment with videoconference dialog with parallel transmission of specific medical data and images, represent a highly effective diagnostic tool. Telemedical consultations bring about less mistakes and better care through reducing information misunderstandings.

The users' opinion up to the current moment of 9 months exploitation is with high approval and satisfaction.

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